

How to get anything you want on
the way to enlightenment...

Center for the Study of Intent
Project Research Summary

Center for the Study of Intent

- Created to examine mind/matter interaction and possible effects on individual quality of life by looking across all academic/scientific literature, as much of the public information as possible, and by conducting experiments on what was learned
- Most of the research that is talked about in both the public and academic communities wound up being of very low quality, and was generally not reproducible
- So, essentially, most of what people think they know is completely wrong
- This seems to be producing more harm than good in their lives

What's been learned

- It seems possible to exert a profound affect on reality at the level of individual lives
- This has gone by various names in the public sphere, such as: synchronicity, power of thought, Law of Attraction, etc.
- Most of the public material that purports to teach this did not work when we conducted experiments with it using controlled test groups
- When it does work, the same mechanism appears to be responsible
- A wide array of things seem possible when this can be harnessed, in our research we saw a range of effects including:
 - Changes in major and minor relationships,
 - Generating wealth,
 - Dream jobs dropping into people's laps,
 - Significant improvements in self-esteem,
 - Significant weightloss, major and minor health effects, and so forth.

Two categories of techniques and associated impacts emerged

- One relates to body/life related conditions
- These were things similar to the placebo effect, they affected the person's body
- They could also affect the person's quality of life
 - Getting luckier
 - Turn arounds in work or family environments
- Some could have been the result of changes in attitude
- For others this seemed much less likely, for example people reported:
 - Huge changes in parents and siblings (mean ones turning unexpectedly and seemingly permanently nice, for example)
 - Coming in the day after using a technique and finding that the co-workers that had been driving them crazy for a long period of time were fired, in environments where it was unheard of for people to have their employment terminated

Two categories of techniques and associated impacts emerged

- The other category relates to things that didn't seem to be affected in any way by the person's social interactions, personal health choices, and so forth.
- Low end example:
 - Long and improbable strings of getting the best parking spots available at the same and multiple locations (this was an early exercise we tested)
- High end example:
 - Having a 20 year old inheritance lawsuit arrive out of the blue that would net billions of dollars, with no prior knowledge of anyone in the family having any money at all (and in fact coming from a poor Appalachian background)

Difficult to do reliably, but possible

- We have not found any academic or public materials that made reliable mind/matter interaction possible for everyone who used them
- Most efforts people make to improve their lives with these types of techniques seem to produce negative consequences
- Through the application of scientific research principles, over time we developed a model that worked more reliably
- It is possible to avoid negative consequences, and produce dramatic results with mind/matter interaction while moving towards deep inner peace and joy in your life -- but it takes knowledge that is generally unavailable in the public self-help materials, and attentive execution
- For many people who do not have this knowledge, personal growth involves a great deal of emotion pain

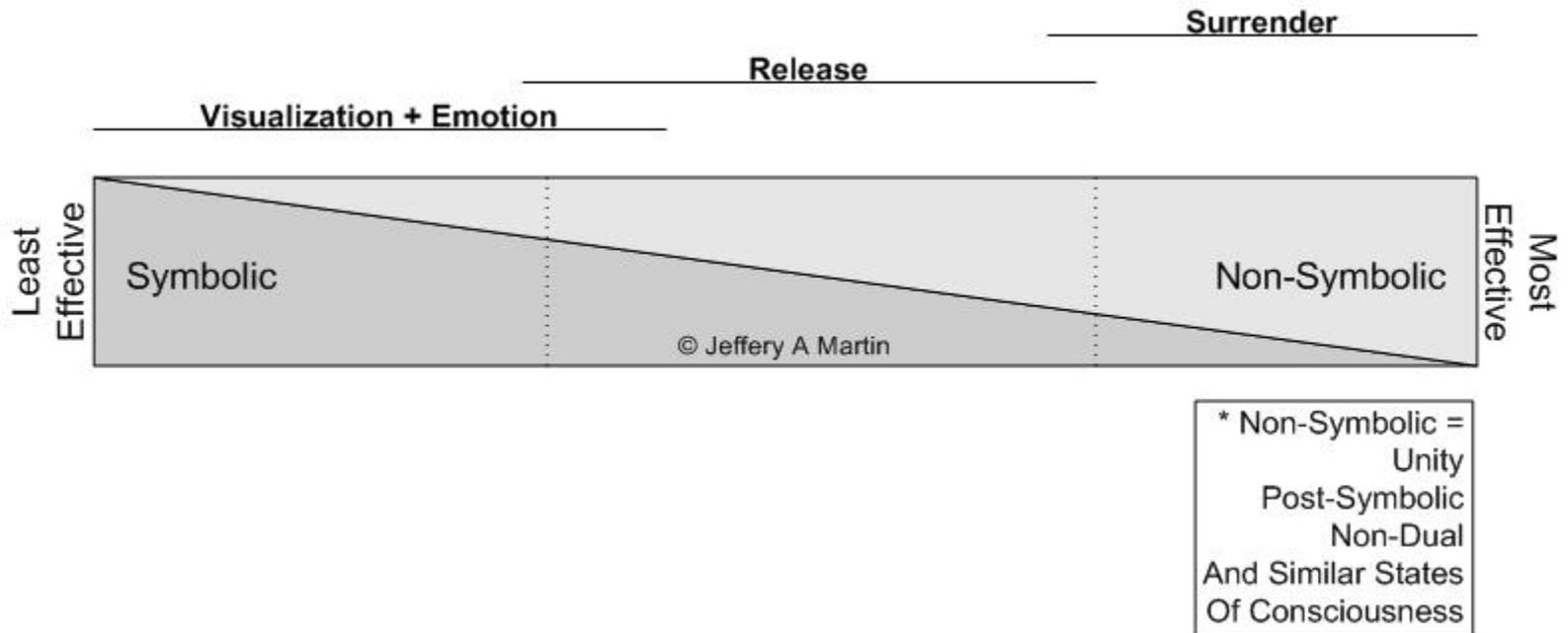
The Continuum/Our Model

- Our research uncovered a developmental continuum involving an individual's consciousness
- Everyone currently is located somewhere on this continuum
- Every technique (that works) to produce mind/matter interaction also has a place on this continuum
- You must both know your place on the continuum, and what methods are best to use at that place on the continuum to produce positive change and avoid difficulties

The Continuum/Our Model

- Over time it emerged that the continuum was actually a progression from day to day consciousness to a state of deep inner peace and joy that is often referred to as:
 - Enlightenment,
 - Nondual consciousness,
 - Mystical consciousness,
 - Unitive consciousness,
 - Union with God,
 - and so forth
- Our catch-all academic term for this is Non-Symbolic Consciousness

One version of the model



The Continuum/Our Model

- If you know your location on the continuum/model, you can use the right technique for you and have the best chance at getting results
- A technique should work for you within a short period of time, if it doesn't you should move on and try a different one
- Failure to do this will often produce painful consequences in your life

The Continuum/Our Model

- Using techniques that work appears to produce deep levels of personal growth
- We've observed that after a few weeks to a couple of years of using the right technique, people's location on the continuum shifts
- When this occurs the person generally must shift their methods and use the new ones

The Continuum/Our Model

- While everyone appears to have a primary position on the continuum, for most people there are a few aspects of their self that are not at this primary location
- This often seems to relate to the deepest parts of people
 - A common example is problems involving one's children
- Unawareness of this, and how to find and use the appropriate techniques when these aspects of self arise, can cause significant issues for individuals

Three major stages

- People who begin on the far left side of the model are mired in day to day consciousness (which we call symbolic consciousness)
- The first major progression involves being able to 'release'
 - Hard to learn, it took us a year just to figure out how to begin to approach researching it
 - Made much easier and possible for anyone by knowing their place on the continuum because they can use the right techniques
 - Begins a progression from being deeply embedded in symbolic consciousness and towards the peace, joy, and inner fulfillment that non-symbolic consciousness brings
 - Incremental process
 - Release is also the key to producing what one wants from mind/matter interaction
- The second major progression involves surrender
 - Current topic of research
 - Involves the transition to persistent non-symbolic consciousness
 - New center is putting together the world's leading scientific researchers who are interested in this area and beginning research into it (nonsymbolic.org)

Apparent Conflicts

- There are conflicts that can cause problems if they are not properly dealt with - two have been robust in our research results
- The first is that effective mind/matter interaction is affected by the intent of other people
- Mind/matter interaction seems most effective for items and events which involve low competition, for example:
 - Rather than attempting to use mind/matter interaction with money it is probably best to use it with what you'd like the money for
 - Fewer people are likely to be competing for a specific item or event, while practically everyone is engaged in competition for money
- Competition seems to be less important for individuals who are able to generate non-symbolic consciousness at will, or who reside persistently in it
- Other data has suggested that the further one's consciousness moves to the right on the model/continuum, the less effect conflicting intent has

Apparent Conflicts

- The second is conflicting internal intent
 - The ways of interacting in the world, and the way the world interacts with you appear to be significantly affected by intent
 - Intent coming primarily from symbolic consciousness is largely about safety and security, obtaining approval and affirmation for 'who you are,' accumulating personal property, and so forth
 - Interaction coming primarily from non-symbolic consciousness is essentially the opposite of the above
 - Holding the intent to produce both of them often prevents progress being made in either

Generally one must choose between one of these two paths

- Using the model, the symbolic path can lead to the non-symbolic over a period of time (unique to the individual)
 - When done properly, this can satisfy the needs of the symbolically constructed self, incrementally bring in deeper peace and joy, and largely avoid emotional pain in one's life
- Choosing the non-symbolic path often results in periods of intense inner turmoil and emotional pain, but can bring one into persistent non-symbolic consciousness more rapidly
 - Once in persistent non-symbolic consciousness the person generally does not care about the pain they went through
- There is no guarantee with either path that the person can persist in their development long enough to arrive at persistent non-symbolic consciousness
- A support environment appears helpful in this regard (materials, other people, etc.)

Project Conclusion

- This summary represents the conclusion of this research project
- Set out to rigorously examine mind/matter interaction and the degree to which individuals could use it to enhance their quality of life
- Successful in developing a model that can be used by anyone
- More detailed information about the model and how to apply it in your life is available at: www.centerforintent.com/freedom
- Final, surrender, portion of model is being researched at: www.nonsymbolic.org